



MIA  
REGAZZA  
*of Abington*

WWW.MIAREGAZZA.COM • 781.871.5800 • 268 WASHINGTON STREET • ABINGTON, MA

# ANTIPASTI

## ▲ STUFFED RED BELL PEPPER

A grilled red bell pepper half, filled with vegetable risotto and a blend of herbs and spices, then baked with Fontina cheese served on a bed of lettuce..... **14.99**

## LEMON & GARLIC SHRIMP

An abundance of lightly battered medium shrimp sautéed with lemon and garlic. Served over angel hair pasta... **21.99**

## ROASTED BUTTERNUT RAVIOLI

Ricotta and roasted butternut filled ravioli in a Marsala cream sauce with prosciutto and toasted walnuts.... **16.99**

## JUMBO SHRIMP COCKTAIL

The biggest and freshest shrimp around. Wild caught shrimp served with our homemade cocktail sauce and a lemon wedge ..... **4.99 ea.**

## SAUTÉED CHICKEN TENDERLOINS

Lightly battered chicken tenderloins sautéed with Lemon and Garlic, Buffalo style or Sweet & Spicy. Served over rice pilaf ..... **12.99**

## ROCK CRAB CAKES

Pan seared rock crab cakes with chipotle aioli. Served over mixed greens..... **14.99**

## GARLIC BREAD

An oven toasted baguette topped with homemade roasted garlic butter and Parmesan cheese ..... **6.99**

## REGAZZA MUSSELS

Fresh steamed mussels in your choice of three styles, tomato and scallion scampi sauce, rosemary Dijon cream or marinara..... **14.99**

## SWEET & SPICY COCONUT SHRIMP

Six butterfly coconut shrimp served with a sweet and spicy sauce ..... **17.99**

## ▲ MAPLE BRANDY SCALLOPS & BACON

Fresh large sea scallops wrapped with bacon and broiled, glazed with brandy ..... **18.99**

## CALAMARI FRITTA

Lightly battered rings and tentacles fried golden brown and served with a pepperoncini dipping sauce ..... **14.99**

## BRUSCHETTA

Fresh diced Roma tomatoes tossed in extra virgin olive oil with fresh basil and garlic, served over toasted Tuscan bread, garnished with scallions and melted buffalo mozzarella cheese, drizzled with balsamic glaze.... **10.99**

## SIRLOIN STUFFED POTATO SKINS WITH ONION RINGS

2 garlic & teriyaki Sirloin tips, grilled with cheese and bacon stuffed potato skins, topped with beer battered onion rings and drizzled with balsamic glaze..... **19.99**

## SEAFOOD STUFFED MUSHROOMS

Mushroom caps stuffed with fresh scallops, shrimp and crabmeat stuffing, broiled and topped with lobster sauce ..... **12.99**

## LAMB LOLLIPOPS WITH SPINACH RISOTTO

Lamb lollipops with asparagus and spinach risotto, drizzled with balsamic glaze ..... **19.99**

## FRIED BRUSSEL SPROUTS

Crispy fried sprouts tossed with choice of maple bourbon or sweet & spicy sauce ..... **12.99**

# INSALATA

## REGAZZA HOUSE SALAD

A blend of crisp romaine and iceberg tossed with cucumbers, tomatoes, red onions, and julienne carrots.....**6.99**

## SPINACH SALAD

Baby spinach leaves, red onions, marinated mushrooms, pancetta and toasted walnuts. Tossed with a balsamic vinaigrette .....**11.99**

## GRILLED TURKEY TIPS GREEK SALAD

Bourbon glazed grilled turkey tips over a Greek salad.....**19.99**

## ANTIPASTO

A traditional variety of vegetables, cheeses and meats & fresh greens topped with tuna fish  
Family.....**16.99** For One.....**10.99**

## ▲ CHICKEN SUPREME GREEK SALAD

Breaded chicken breast, pan fried and sliced over a classic Greek salad. Topped with a lemon caper butter sauce .....**19.99**

## CAESAR

Hearts of romaine blended with our housemade dressing, croûtons, Parmesan cheese and anchovies upon request.....**8.99**

## LOBSTER CAPRESE SALAD

Freshly shucked lobster over mesclun greens, Roma tomatoes and buffalo mozzarella drizzled with balsamic glaze..... **Market Price**

## SWEET & SPICY CHICKEN SALAD

Pan fried chicken tenders in sweet and spicy sauce with sun-dried cranberries and toasted walnuts over a fresh romaine, cucumber, red onion, julienne carrots and tomato salad .....**18.99**

## MOZZARELLA & TOMATO

Fresh mozzarella cheese and beefsteak tomatoes served over mixed greens and topped with a balsamic vinaigrette ..... **14.99**

## EGGPLANT CAPRESE

Breaded & fried eggplant with warmed ricotta cheese & a fresh tomato and artichoke heart bruschetta with a balsamic glaze ..... **17.99**

Add Shrimp.....14 Add Scallops.....14 Add Steak Tips.....12 Add Chicken.....11 Add Salmon.....14

# ZUPPA

## ZUPPA DI GIORNO

Our chef's seasonal and traditional soups made fresh daily.....**5.99**

## NEW ENGLAND CLAM CHOWDER

Traditional New England Clam Chowder topped with pancetta cracklins.....**7.99**

## BAKED ONION SOUP

A Regazza favorite. Beef and burgundy with a garlic croûton and melted mozzarella and Parmesan cheeses....**6.99**

Before placing your order, please inform your server if you or a person in your party has a food allergy.

\*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

## ▲ LOOK FOR OUR FAVORITES!

\*\* A 20% gratuity will be added to parties of 6 or more. \*\*\* A 15% gratuity will be added to parties seated after 9 pm.

# ENTRÉES

## GRILLED NY SIRLOIN

A USDA Choice center cut 14 oz. New York sirloin steak, grilled to your liking then topped with Gorgonzola butter and caramelized onions. Served with roasted potatoes and bacon wrapped asparagus.....**Market Price**

## DELTA DAWNS BBQ BABY BACK RIBS

Baby back pork ribs marinated in a homemade garlic and tomato barbecue sauce, slow roasted and served with rice pilaf and chef's vegetable.

Full Rack.....**26.99** Half Rack.....**21.99**

## ▲ SIRLOIN TIPS

Roasted garlic and fresh herb teriyaki marinated beef tips, char-grilled and served with garlic mashed potatoes and chef's vegetable.....**24.99**

## BONELESS BEEF SHORT RIB

12 oz. beef short rib, slow roasted and topped with a rich demi-glaze. Served with garlic mashed potatoes & bacon wrapped asparagus.....**26.99**

## MIA'S MEDLEY MIXED GRILL

Garlic & teriyaki marinated sirloin tips with caramelized onion & Gorgonzola butter, 2 jumbo bacon wrapped scallops with lemon butter sauce & a seafood stuffed broiled lobster tail with lobster sauce. Served with roasted potatoes & asparagus .....**29.99**

## RACK OF LAMB

New Zealand rack of lamb marinated with roasted garlic and rosemary then slow grilled. Served with pesto aioli, garlic mashed potatoes and chef's vegetable.....**29.99**

## BROILED HADDOCK

A fresh haddock fillet dusted with cracker crumbs and broiled until golden brown. Served with roasted potatoes and chef's vegetable.....**21.99**

## ▲ HADDOCK REGAZZA

Fresh local haddock lightly breaded then broiled and topped with three medium shrimp and Newburg sauce. Served with roasted potatoes and chef's vegetable.....**24.99**

## GRILLED SALMON

Grilled 14oz wild salmon, finished with a chipotle aioli. Served with roasted potatoes and chef's vegetable.....**28.99**

## SURF & TURF

Marinated grilled sirloin tips and grilled shrimp topped with lemon butter. Served with roasted potatoes and chef's vegetable.....**29.99**

## PAN SEARED SCALLOPS RISOTTO

Jumbo U-10 sea scallops pan seared in an extra virgin olive oil. Served over a vegetable risotto topped with a lemon butter sauce and garnished with asparagus.....**29.99**

## BROILED SEA SCALLOPS

Fresh tender sea scallops lightly breaded and broiled with seasoned butter. Served with roasted potatoes and chef's vegetable.....**26.99**

## GRILLED JUMBO SHRIMP

Grilled, marinated and lightly breaded jumbo shrimp, topped with a lemon herb butter. Served with roasted potatoes and chef's vegetable.....**26.99**

## GRILLED CHICKEN

A chargrilled 12 oz. chicken breast topped with a lemon butter sauce. Served with garlic mashed potatoes and chef's vegetable.....**19.99**

## ▲ CHICKEN SUPREME OR HADDOCK & SHRIMP SUPREME

Fried Panko crusted chicken breast **or** haddock fillet (with fried shrimp) in a lemon butter caper sauce, with garlic mashed potatoes and asparagus .....**21.99 Chicken 26.99 Haddock & Shrimp**

## BOURBON MARINATED GRILLED TURKEY TIPS DINNER

Grilled bourbon marinated turkey tips with garlic mashed potatoes and vegetable.....**23.99**

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Served 4:00 pm - 10:00 pm excludes holidays, not available for take-out.

No substitutions please.

### MONDAY / TUESDAY

All dinner entrées include a glass of house wine or non-alcoholic beverage of your choice.  
Also get 10% off your bill when you pay with cash!

### WEDNESDAY / THURSDAY

#### Prime Rib Trilogy Nights

20 oz. cut of slow roasted Certified Angus Rib.

Your choice of 3 different ways

Au jus Style (topped with Au jus)

Gorgonzola Style (topped with a melted Gorgonzola cheese butter)

Kansas Style (grilled and topped with BBQ sauce and caramelized onions)

Served with choice of potato and vegetable.....**28.99**

### SUNDAY

#### All Day and Night

Fish-n-chips, Scallop Roll, Clam Roll, Lobster Roll all served with French Fries

Your choice ..... **Market Price**

## MIA REGAZZA TO GO

All of our dishes are available to go and we cater too!

Whether you are entertaining guests for the weekend or having a special occasion, please consult with our management team to help customize your specific catering needs. We can provide delivery and set up if required, or pick it up at our location and set it up yourself.

Customized catering for your special occasion:

Full and half pans available.

Full pans serve 12 - 15 people    Half pans serve 8 - 10 people

A 5% PACKAGING FEE WILL BE ADDED TO ALL TAKE-OUT ORDERS

OUR FIREPLACE FUNCTION ROOM HOLDS UP TO 50 PEOPLE

TRY OUR SEASONAL PATIO • GAZEBO BAR

### "MIA REGAZZA"

The loose translation in Italian is "My Girls", named for John and Kristin's three daughters, Valerie, Courtney and Allison and their 3 granddaughters Ella, Brooke and Hadley.

Thank you for choosing Mia Regazza and welcome to our family.

[www.miaregazza.com](http://www.miaregazza.com)

781.871.5800

**\*\* Mia Regazza proudly serves Pepsi Cola products!**



Like us on  
Facebook

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# REGAZZA PASTAS

## MEAT LASAGNA

Fresh ground beef, ricotta, Parmesan and mozzarella cheeses and our house marinara sauce layered with handmade lasagna noodles then baked to perfection..... **19.99**

## TORTELLINI CARBONARA

Cheese tortellini, crispy pancetta and scallions tossed in a Parmesan cream sauce ..... **24.99**  
Add Grilled Chicken..... **28.99**

## MIA'S PASTAS

Choose from our pastas of the day and top them with your choice of

Marinara, Scampi or Alfredo ..... **14.99**  
Meatball or Sausage..... **17.99**  
    Combo of Meatball and Sausage..... **19.99**  
Bolognese ..... **21.99**

\*Cheese ravioli available ..... (add) **3.00**

## 🔥 CHICKEN ELLA DAWN

Chicken tenderloins sautéed with roasted red peppers, scallions, broccoli and artichoke hearts in a roasted garlic scampi sauce over penne pasta ..... **21.99**

## CHICKEN PESTO

Chicken tenderloins sautéed with sun-dried tomatoes, scallions and basil in a garlic and pine nut, basil pesto cream sauce. Served over linguini..... **21.99**

## BROOKE'S CHIPOTLE CHICKEN ALFREDO

Chicken tenderloins sautéed with roasted red peppers & spinach in a chipotle Alfredo sauce, tossed with penne pasta & garnished with Parmesan cheese and garlic bread ..... **21.99**

## CACCIATORE

Sweet Italian sausage or sautéed chicken tenderloins with roasted red peppers, onions and mushrooms in a garlic tomato sauce, tossed with penne..... **21.99**

Combo of chicken and sausage ..... **23.99**

## CHICKEN & BROCCOLI PENNE

Chicken tenderloins and fresh broccoli florets sautéed in extra virgin olive oil with white wine and garlic. Tossed with Parmesan cheese and penne..... **21.99**

## 🔥 CHICKEN & SAUSAGE MEDITERRANEAN

Sautéed chicken tenderloins and sweet Italian sausage with tomatoes, spinach and feta cheese in a roasted garlic wine sauce, tossed with penne ..... **21.99**

## CHICKEN & SAUSAGE BOLOGNAISE

Chicken and sausage sautéed with pancetta in a bolognese sauce with a touch of cream over pasta of the day and garnished with garlic bread ..... **24.99**

## CAJUN BLACKENED CHICKEN PASTA

Cajun dredged, grilled chicken breast, tossed in a roasted red pepper and mixed greens with a warm Caesar dressing served over penne pasta and garnished with Parmesan cheese ..... **23.99**

## MARSALA

Veal cutlet or chicken breast sautéed with wild mushrooms and prosciutto, finished with a Marsala wine reduction and served over linguini.

Veal.....**23.99**    Chicken.....**21.99**

## CHICKEN & SAUSAGE ALFORNO

Chicken tenderloins and sweet Italian sausage sautéed with tomatoes and scallions in a roasted garlic sauce tossed with penne pasta, baked with fresh mozzarella cheese and garnished with garlic bread ..... **24.99**

## MIA REGAZZA SHRIMP SCAMPI

Our house specialty. Jumbo wild shrimp lightly battered and sautéed in extra virgin olive oil with garlic, white wine and lemon. Served over linguini and garnished with shaved Parmesan cheese ..... **28.99**

## BAKED PARMIGIANA

Veal cutlet, chicken breast or eggplant lightly breaded and pan fried in extra virgin olive oil then topped with our marinara sauce and mozzarella and Parmesan cheeses. Served over linguini.

Chicken.....**21.99**    Veal.....**23.99**  
Eggplant.....**21.99**    Two Way Combo.....**25.99**  
Three Way Combo.....**27.99**

## 🔥 PICCATA

Veal cutlet or chicken breast sautéed with wild mushrooms and capers in a lemon white wine sauce. Served over linguini.

Chicken.....**21.99**    Veal.....**23.99**

## SHRIMP & SCALLOPS ORVIETO

Wild shrimp and sea scallops sautéed with fresh garlic and herbs in a roasted artichoke heart and red pepper Orvieto wine sauce. Tossed with penne and garnished with shaved Parmesan cheese..... **29.99**

## CHICKEN BRACCIOLITINI

Two boneless chicken breasts stuffed with provolone cheese & prosciutto sautéed with mushrooms in a Marsala wine sauce over angel hair pasta..... **24.99**

## EGGPLANT ROLLATINI

Thinly sliced and breaded eggplant, pan fried and rolled with fresh ricotta and Parmesan cheese. Oven baked with marinara sauce and mozzarella cheese over angel hair pasta, garnished with garlic bread ..... **24.99**

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# GLUTEN FREE OR WHOLE WHEAT PASTA AVAILABLE

\$2.00

# PIZZETTA & PANINI

## GRILLED PIZZETTA

Homemade pizza dough grilled with a blend of Parmesan, mozzarella and Fontina cheeses with choice of tomato, Alfredo or pesto sauce.

10 inch..... **10.99**

## ADDITIONAL TOPPINGS

Grilled Chicken, Pancetta, Prosciutto, Sausage, Salami, Mushroom, Spinach, Artichoke Hearts, Red Onion, Caramelized Onion, Roasted Red Pepper, Roma Tomato, Broccoli, Pepperoni, Black Olives, Gorgonzola Cheese, Pastrami

Toppings ..... **each 1.00**

## MEATBALL SUB

Our famous meatballs, sliced and served on a grilled sub roll with fresh mozzarella cheese and marinara sauce..... **10.99**

## PANINI CLUB

Your choice of grilled chicken or an 8 oz. grilled Angus burger, topped with applewood smoked bacon, iceberg, Roma tomatoes and garlic mayonnaise on grilled sourdough bread..... **12.99**

## ITALIAN SAUSAGE SUB

Grilled sweet Italian sausage loaded with peppers and onions. Topped with melted mozzarella cheese on grilled sub roll ..... **12.99**

## HADLEY'S HADDOCK SANDWICH

Fresh haddock fillet broiled or battered and fried. Served on an oven toasted roll with lettuce, tomato, homemade tartar sauce and lemon..... **14.99**

## BLACKENED CHICKEN SANDWICH

Cajun dredged chicken breast topped with mozzarella cheese served on a toasted roll with Caesar salad and roasted red pepper strips ..... **14.99**

## PASTRAMI & CHEESE MELT WITH FRIES

Red pastrami thinly sliced & served with melted American cheese on a grilled rye bread served with French fries..... **14.99**

## GRILLED VEGETABLE PANINI

Sautéed sliced eggplant, roasted red peppers, artichoke hearts, red onions, spinach, portobello mushrooms and fresh mozzarella cheese with a chipotle aioli. Served on grilled sourdough bread..... **14.99**

## ANGUS MELT

A USDA Choice angus burger grilled to your liking, topped with mozzarella cheese, caramelized onions and roasted garlic mayonnaise on grilled sourdough bread..... **14.99**

## BUFFALO CHICKEN SANDWICH

A 6 oz. boneless chicken breast with panko bread crumbs fried and tossed in a buffalo sauce served with lettuce, tomato and crumbled bleu cheese on a toasted crusty roll ..... **14.99**

## TRATTORIA BURGER

An 8 oz. Angus burger grilled and topped with roasted red peppers, red onions and fresh mozzarella cheese on grilled sourdough bread with basil pesto mayonnaise..... **14.99**

## SWEET & SPICY CHICKEN CAESAR WRAP

Pan fried chicken tenders in a sweet and spicy sauce tossed with Caesar salad in a tortilla wrap..... **14.99**

## VEAL OR CHICKEN CUTLET PARMESAN

A lightly breaded veal or chicken cutlet, pan fried then topped with marinara sauce and melted with mozzarella cheese, served on a grilled bulkie roll..... **14.99**

## BBQ CHICKEN BREAST SANDWICH

An 8 oz. boneless grilled chicken breast topped with homemade BBQ sauce and smoked applewood bacon. Served on a toasted crusty roll with lettuce and tomato ..... **14.99**

## FRENCH DIP SANDWICH

Slow roasted prime rib on a grilled sub roll with Fontina cheese, caramelized onions and served with your choice of French fries or beer battered onion rings ..... **15.99**

**Sandwiches are served with your choice of French fries, pasta salad or garlic mashed potatoes.**

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